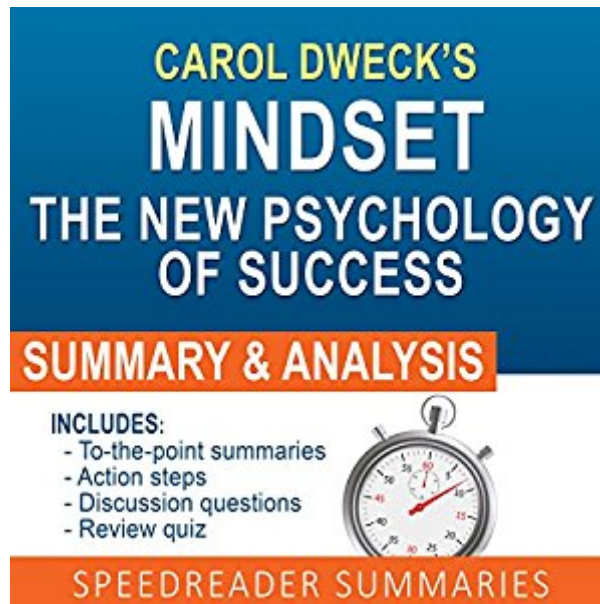


The book was found

Mindset: The New Psychology Of Success By Carol Dweck: An Action Steps Summary And Analysis



Synopsis

Your Quick and Simple Summary and Analysis of *Mindset: The New Psychology of Success* by Carol Dweck, PhD. Inside, you'll find: An introduction to Dweck's main concepts A 30-second summary of the entire book Time-saving chapter summaries Discussion questions and commentary A guide to additional resources About *Mindset: The New Psychology of Success*: No two people think alike. Some of us are optimists by nature; others are pessimists. Some are unfailingly happy and outgoing while others may seem depressed and shy. Philosophers, psychiatrists, psychologists, and a wide range of scientists have been working for centuries to shed light on why we are the way we are. In modern times, Dr. Carol Dweck is one of the most influential scientific minds when it comes to human thought. Her work over many decades has led to what she calls "mindset theory" - that all people have either a fixed mindset or a growth mindset. Her book, *Mindset: The New Psychology of Success*, explores what it means to have either a fixed or growth mindset; how your mindset affects your work, relationships, and success in general; whether organizations can also be said to have mindsets; and how you can change your mindset if you don't like your current one. Please note that this summary is NOT the original book and is meant to be heard as a supplement to the original. About SpeedReader Summaries Thanks so much for your interest in SpeedReader Summaries! We strive to save what is your most precious and limited resource: time.

Book Information

Audible Audio Edition

Listening Length: 27 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: SpeedReader Summaries

Audible.com Release Date: March 18, 2016

Language: English

ASIN: B01D3V5TJE

Best Sellers Rank: #68 in Books > Business & Money > Management & Leadership > Mentoring & Coaching #620 in Books > Business & Money > Business Culture > Motivation & Self-Improvement #684 in Books > Business & Money > Management & Leadership > Motivational

Customer Reviews

This is such an impressive and brilliant book to read! Excellent motivational book to help you

understand different situations in life. Great examples of people that we know and how they approached these situations. It's really worth reading!

Setting your mind to achieve any set goals you have in mind. This is an inspirational book that will help you change your mood of thinking and your Mindset about things happening around you. I personally know that your Mindset about anything affects the outcome of that thing. Be it positive or negative. This book is like a tool of generating and creating a positive Mindset about the things happening around us. I have found this book to be very helpful in making daily decisions and having a positive Mind and I trust it will do the same for you.

Summaries like this are great for when one doesn't have the time or resources to read the full book. In my case, I haven't read Dr. Dweck's original work, but after reading this, I don't feel like I have to get it anymore. After all, my intention is just to get the gist of the subject matter, not an in-depth study. The author was able to condense the original, but keep the key points intact. Citing additional sources at the end of the book was a good move too. That way, those looking to study the subject further have the option to. If you, however, share my sentiments, this should be the more practical choice for you!

A very helpful overview of Mindset and it makes the idea and concept of Carol Dweck simple and easy to understand. The discussions give a great insight and source of idea that makes me interested to get the original book. Summary like this is not a spoiler but a quick overview and I think it's a great option for those who don't have much time to see the book and just want to get the idea of the main book.

Superb information! I really like the author's way of discussing this subject. Straight to the point on why some people have achieved their full potential and why others haven't - and each topic has a short recap to get to the main point of the topic. This book educates me on why people act the way they are. Great learning tool in my opinion.

For those who would like to read Carol Dweck's Mindset book but don't have the time or if you want to know what it is all about before buying the book, this is the book for you. This book covers chapter by chapter summary and recap of key points. Although this is a good reference book, I still personally recommend that you get the original copy.

Sometimes people don't know whether they are depressed or not. But this book helps ease the feelings and emotions of a person like me. There is a chance to live a better life. I will not hide my inner feelings anymore since I already have a guide. Thanks to this book. It save my life and the people around me

There's a common misconception that other people are scary but the more that you open up and try to make friends with people, the easier it will be to engage new people. You'll be surprised with how easy it is to chalk up a new conversation. Hope for the best, accept things as they come, and understand that people are also living their lives. After a few interactions, you should really hit it off with someone.

[Download to continue reading...](#)

Mindset: The New Psychology of Success by Carol Dweck: An Action Steps Summary and Analysis
How to Draw Action Figures: Book 2: More than 70 Sketches of Action Figures and Action Poses (Drawing Action Figures, Draw Action Figures Book, How Draw Action Poses, Draw Comic Figures)
Money: Mindset - The 7 Step Money Mindset Formula That Will Help You Think & Produce Like A Millionaire (Mindset, How to Get Out of Debt, Financial Freedom, ... Make Money Online, Investing for Beginners) Mindset: The New Psychology of Trading Success: Losers Are Born And Winners Are Made (How To Grow Small Account Book 1) Mindset: The New Psychology of Success
Mindset: The New Psychology of Success (Your Coach in a Box) The Life-Changing Magic of Tidying Up by Marie Kondo: The Japanese Art of Decluttering and Organizing: An Action-Steps Summary and Analysis Summary - StrengthsFinder 2.0: By Tom Rath - A Chapter by Chapter Summary (StrengthsFinder 2.0: Summary - Paperback, Audiobook, Audible, Book) Summary of The Inevitable: Understanding the 12 Technological Forces That Will Shape Our Future by Kevin Kelly | Book Summary Includes Analysis Summary: The 10X Rule: The Only Difference Between Success and Failure by Grant Cardone: Book Summary Social Dance: Steps to Success (Steps to Success Activity Series) Social Dance Instruction: Steps to Success (Steps to Success Activity Series) Social Dance: Steps to Success, 2nd Edition (Steps to Success) MONEY Master the Game by Tony Robbins - A 15-minute Summary & Analysis: 7 Simple Steps to Financial Freedom Summary and Analysis of The Slight Edge: Turning Simple Disciplines into Massive Success and Happiness by Jeff Olson Sleep Smarter: 21 Essential Strategies to Sleep Your Way to A Better Body, Better Health, and Bigger Success by Shawn Stevenson | Book Summary Includes Analysis Millionaire Mindset: Habits and Simple Ideas for Success You Can Start Now The Producer's Mindset: How To

Think Like A Producer And Achieve Success (Making Electronic Music Book 1) MILLIONAIRE
MINDSET: HABITS AND SIMPLE IDEAS FOR SUCCESS YOU CAN START NOW: EASY
PROVEN METHODS TO ROCKET YOU INTO WEALTH FASTER (REVISED) Book Summary:
Crossing the Chasm: 45 Minutes - Key Points Summary/Refresher

[Dmca](#)